## UNIFORMS AND DRESS CODES

Uniform information and components (pants, shorts, skirts, shirts, pull-overs, fleeces and sweaters) may be requested at the school office.

At Queen of Apostles, we believe that uniforms create a sense of ambassadorship and loyalty; equalize student dress so students will not be known by what they wear but by who they are; de-stress the daily routine of choosing the appropriate attire; build a sense of community spirit in the students; and encourage a sense of modesty and discipline.

The only exceptions to the uniform guidelines are on Dress Down Days and Birthdays. If there is a time when the prescribed uniform cannot for some legitimate reason be worn, a note from the parent/guardian must be written to the Principal. Students who are out of uniform without this excuse will be sent to the office and the parent will be called to bring the proper clothing. Students who repeatedly violate the uniform policy will be denied participation in the next out-of-uniform day or will serve a detention.

All students will wear their gym uniform on gym days (TBA) for the entire day.

### Girls' Mandatory Uniform

- Grades 4-8: Navy-blue or gray knit short or long-sleeve properly worn uniform polo shirt with school logo.
- Grades Pre-K-3: Plaid shift with navy-blue or white polo shirt (navy-blue or white polo does not need to be a uniform polo)
- Grades 4-8: Plaid skirt, navy-blue pants, or khaki pants
  - Solid (no logo) white, black, or navy knee, crew, or bobby/ankle socks or white, black or navy tights (cable or opaque) or solid white, black, or navy leggings with matching socks.
- Grades 2-8: Navy blue, black, or brown belt (when wearing shorts or pants)
- For warmth: zippered navy-blue or gray sweatshirt, navy-blue or gray sweater, or gray fleece from a uniform company.
- 8th grade only: Miraculous Medal provided by school.

Please note: Girls skirts cannot be shorter than 1 inch above the knee.

#### OPTION for cold weather

Twill uniform navy-blue or khaki pants from a uniform company or another store with comparable pants.

#### OPTION for warm weather

Twill uniform blue or khaki shorts from a uniform company or another store with comparable shorts.

### **Boys Mandatory Uniform**

- Navy-blue or gray knit short, or long-sleeve properly worn uniform polo shirt with school logo.
- Twill uniform navy-blue or khaki pants from either uniform company or another store with comparable pants.
- Solid (no logo) white, black, or navy ankle, crew, or tube socks.

- Grades 3-8: Navy blue, black, or brown belt
  - For warmth: Zippered navy-blue or gray sweatshirt, navy-blue or gray sweater, or gray fleece from a uniform company.
- 8th grade only: Miraculous Medal provided by school.

### OPTION for warm weather

Twill uniform navy-blue or khakio shorts from a company or another store with comparable shorts.

## **School Shoes**

Dress shoes should be predominately one color and only contain navy, black, or brown. Oxford style, saddle shoes, loafers, topsiders are acceptable. Top siders should not have patterns of any kind. Shoes with laces must be tied at all times. Shoes that light up are not permitted at any time.

Tennis shoes may also be worn with the uniform if they only have white and/or black colors on them. Tennis shoes must have matching solid white or solid black laces. Tennis shoes that are worn with the school uniform may also be worn during gym class.

### Hair

Hair should be neat and well kept. It should not extend beyond the eyebrows in the front. Boy's hair must be above the shirt collar and trimmed around the ears. A Mohawk style hair cut is not permitted. Colored, dyed, or highlighted hair is not permitted. Girls may wear simple hair accessories. Hair bows/ribbons, hairbands, barrettes, and clips should be simple and of uniform colors (plaid, solid color: navy blue, white, yellow, gray, or black). No writing is permitted on hair accessories. No scarves should be worn in the hair. Boys must be clean shaven.

### Accessories

- No makeup, nail polish, lip gloss, colored Chapstick, or artificial nails may be worn.
- No visible tattoos of any kind. Students who write on their body will be sent to the
  office to remove the markings.
- Girls with pierced ears may wear only small studs in one hole per ear.
- No cartilage piercings are permitted.
- No dangling or hoop earrings are permitted. Boys are not permitted to wear earrings.
- · No other body piercings are permitted.
- No Hologram contact lenses, fake eyelashes, or fake nails.
- Simple watches (that match the school uniform) are permitted.
- Watches with a beeping device must be disabled during the school day.
- Smart watches such as the Apple Watch are not permitted.
- Religious medals or a crucifix may be worn on a simple gold or silver chain.
- Other necklaces, bracelets, rings, or pins are not permitted. Any item worn to excess is not permitted.

## Other Uniform Notes:

- During the winter months, girls may wear plain sweatpants under their uniform during arrival, recess, and dismissal.
- For warmth during the school day, students can only wear the approved uniform attire.
- The uniform should be clean and pressed with all buttons attached and hem intact.
- Shirts must properly worn (tucked-in or banded shirts must be properly folded).
- Jumpers and skirts cannot be shorter than one inch above the knee throughout the
  entire school year. It is recommended that girls wear navy or dark colored shorts
  under their jumpers and skirts.

# Physical Education Uniform

- Tennis shoes and socks are required.
- Gym socks must be regular uniform socks per the above guidelines for girls and boys.
- No roller skate sneakers, shoes that light up, or sneakers with zippers instead of laces
- Students in grades 5-8 should bring roll-on or solid deodorant.
- · Scented lotions are allowed.
- Body sprays, deodorant sprays or any type of aerosol is not permitted.